

Life Fitness 9100 Series Heartrate and Telemetry Equipped Treadmills

How To...REMOVE AND REPLACE THE REAR ROLLER

Tools Required: Standard screwdriver, hex key wrench set, socket and ratchet set

Step 1

Turn the power OFF at the switch and by unplugging the unit at the electrical outlet.

Step 2

Separate the FRONT and REAR FRAME ASSEMBLIES (See "How To...").

NOTE: THE TENSION OF THE STRIDING BELT MUST BE SLACKENED TO ALLOW REMOVAL OF THE REAR ROLLER.

Step 3

Remove the two BELT TENSIONING BOLTS and WASHERS from the REAR ROLLER.

Step 4

Remove the two SCREWS securing the left side ROLLER GUIDE BRACKET in position.

Step 5

Remove the SCREW and PINCH CLEAT from the left side of the DECK.

Step 6

Lift the worn REAR ROLLER up, forward and to the left to bring it completely out from between the FRAME and the STRIDING BELT.

Step 7

Locate the new REAR ROLLER into position and loosely reinstall the two BELT TENSIONING BOLTS and WASHERS. Manually position the STRIDING BELT in the center of the ROLLERS. Retension the STRIDING BELT by **ALTERNATELY AND EQUALLY** turning the two BELT TENSIONING BOLTS clockwise until the STRIDING BELT seems snug against the REAR ROLLER.

WARNING: DO NOT OVERTIGHTEN THE STRIDING BELT TENSIONING BOLTS TO AVOID POSSIBLE DAMAGE TO THE STRIDING BELT AND THE ROLLER BEARINGS.

Step 8

Reassemble the treadmill by reversing Steps 1 through 5.

Step 9

Enter the Manual Program and set the BELT speed to 4.0 mph (6.4 kph). If the STRIDING BELT remains centered after 5 minutes, proceed to Step 10. If the STRIDING BELT drifts to the left or right, see "How To...Adjust and Tension the Striding belt".

Step 10

Set the BELT speed at 2.0 mph (3.2 kph). Tightly grasp the HANDRAILS and attempt to stall the STRIDING BELT. If the STRIDING BELT does not slip, the REAR ROLLER installation is complete. If the STRIDING BELT does slip, see "How To...Adjust and Tension the Striding Belt" for proper BELT retensioning procedures.